



Did you know?

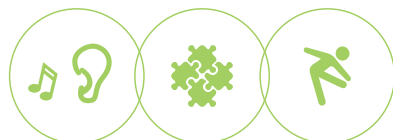
Dr. Stephen Porges, author of the Polyvagal Theory, is Unyte's Chief Scientific Advisor, working in partnership with a common mission. He applied over 20 years of research to develop the Safe and Sound Protocol (SSP). Dr. Porges studied it in his lab until he released it to a wider audience of clinicians in March of 2017 through Integrated Listening Systems (iLS), which is now a part of Unyte.

REDUCE STRESS, INCREASE RELAXATION AND REGULATION



SELF-REGULATION, IMMERSIVE MEDITATION JOURNEYS

IMPROVE COGNITIVE, LANGUAGE AND SOCIAL ABILITIES



MUSIC, MULTISENSORY INPUT & MOVEMENT



BRAIN & BODY ORGANIZATION



MY BEST SELF

WHAT PROFESSIONALS ARE SAYING

"The SSP has allowed me to work with child and adult clients and achieve results in a very short time that would normally take me six months or more to achieve in a regular therapeutic process."

- Ana do Valle, OTR, SEP

"Just wanted to pass on that we just began our two-hundredth client. He started on our two-and-a-half year anniversary. We feel truly blessed to be doing what we do and are thankful every day for the opportunity to change lives."

-A Freer, Therapist

"We have seen tremendous developmental growth spurts using the Focus System in combination with OT. It seems to accelerate many of the children's developmental changes. It also can have a calming effect on some children which makes it easier for our therapists to work with the child."

- Lucy Jane Miller, PhD, OTR/L, Founder, STAR Institute

"My clients with PTSD, panic and anxiety disorders, and cardiovascular disease have clearly benefited from the Interactive Meditation iom2. Thanks for making biofeedback training so accessible!"

- Dr. Cindy Westergaard, Clinical Psychologist

ACCELERATE CLIENT OUTCOMES.

PROGRAMS FOR IN-CLINIC AND HOME USE.

integratedlistening.com/unityte



iLS
INTEGRATED
LISTENING SYSTEMS

part of
unityte
Guiding You.

Bringing evidence-based neural solutions to the world.

Unyte partners with professionals to help accelerate client outcomes.

Manage stress and thrive everyday.

Improve brain function.

Gain greater confidence.

15+

Years of
experience

1st

to integrate sound
with movement

Over
100

research
studies

50+

countries

10k

trained
professionals

Over
100k

kids and adults
helped

Evidence-Based Neural Solutions



SAFE & SOUND PROTOCOL™ (SSP)

- 5 hour auditory intervention developed and patented by Dr. Stephen Porges.
- Reduce stress and auditory sensitivity.
- Enhance social engagement and resilience.
- Calm the behavioral and physiological state.
- Accelerate or enhance therapy.

Applications: trauma and anxiety, auditory hypersensitivity, inattention, behavioral dysregulation, difficulty with social communication, preparation for therapy



iom2 INTERACTIVE MEDITATION

- Real-time biofeedback and self-regulation device.
- Your breathing and heart rate guide your practice.
- Reach new levels of calm and relaxation to guide a healthy coping lifestyle.
- Access 100+ interactive meditation Journeys and training environments.

Applications: reduce stress, anxiety, depression, pain, addiction, insomnia, PTSD/trauma, ADD/ADHD, heart disease



FOCUS SYSTEM™

- A multi-sensory program combining auditory, balance, and movement activities.
- Takes 40-60 hours to complete, recommended 3-5x/week.
- Patented programs loaded onto a music player with classical music playlist, air/bone conduction headphones, and Integration Kit (movement and balance equipment and guidebook).
- Includes 30 and 60 minute versions of the programs.
- Target specific goals, make implementation easy in clinics, schools and home.

Applications: sensory processing, body organization, learning and attention difficulties, symptoms related to developmental delays, cognitive inefficiency, head injury, and stroke rehab



VOICEPRO™

- Improve auditory processing skills, develop effective language, memory and social training.
- Delivers unique language activities through bone conduction headphones.
- Adds a microphone to enable real-time audio/vocal feedback loop between therapist and client.

Applications: auditory processing, receptive and expressive language skills, social engagement, reading/literacy instruction, language and vocal training



THE DREAMPAD™

- A patented sleep aid to help reduce stress and improve sleep.
- Soothing music is played through gentle vibration.
- Signals the nervous system's relaxation response to slow down and relax.

Applications: difficulty falling asleep and staying asleep, stress, anxiety, inability to relax